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Keller wins first head coach conference title. See page 8.

Wartburg Trumpet

February 17, 2014 | For more news, visit www.wartburgcircuit.org | Volume 108, Number 16

Hookah Bar to host Open Mic Night

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The Outlet is trying to involve people living in Waverly by hosting its first off-campus open mic night.

Thursday, The Outlet will host an open mic night at the recently opened Morel's Hookah Lounge in Waverly.

The open mic night is at 8 p.m.

Holly Hejlik, vice president of The Outlet, said she hopes the off-campus venue will reach members of the Waverly community outside Wartburg.

"With the hookah bar being a new business and the owner being really excited about music, we thought it was a good opportunity for us to get out there."

— Holly Hejlik

"We want to start getting out into the community a little bit more," Hejlik said. "I feel like there are several bars and stuff in town that would like to have entertainment and it would be cool if we could provide it."

The hookah bar, owned by Monte Snyder, who also owns Wolf Creek Tattoos, opened a few weeks ago.

"With the hookah bar being a new business and the owner being really excited about music, we thought it was a good opportunity for us to get out there," Hejlik said.

Armand Piecuch is a Warburg student who will be performing at the open mic night.

He has already been to Morel's Hookah Lounge and said the lounge's atmosphere is different than any place that he has performed in before, especially since he is used to performing on a stage in front of a crowd.

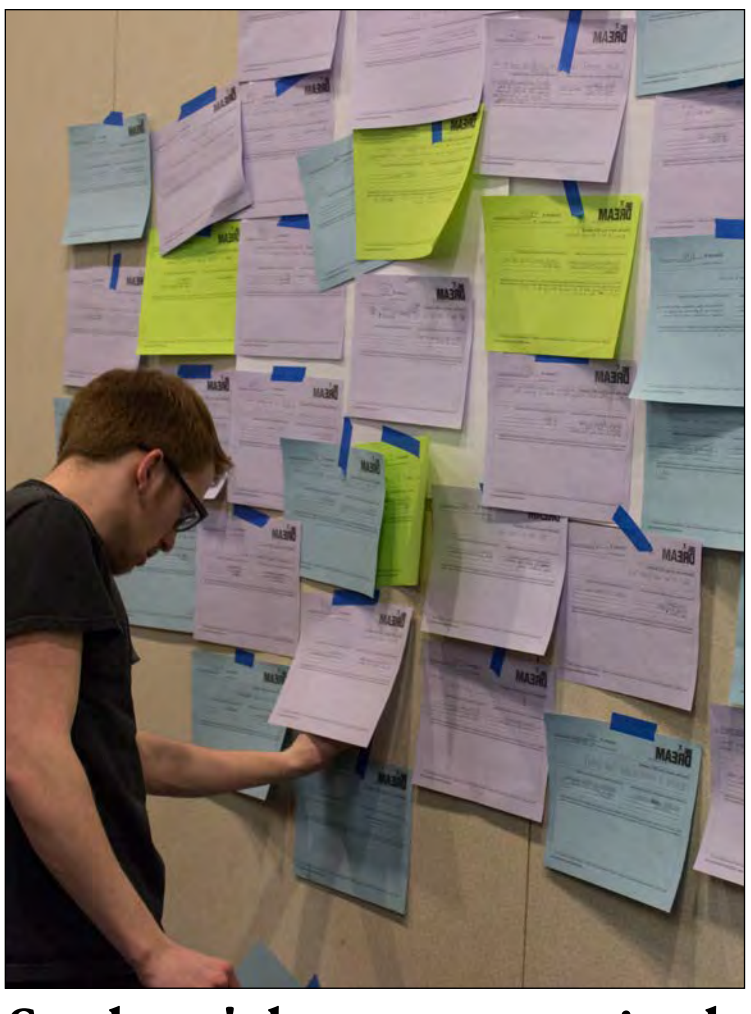
"It's definitely a much more intimate audience," Piecuch said.

"It's just kind of a makeshift stage in front of a bunch of couches and I don't think I've ever performed somewhere that chill and laid-back."

Even though he usually performs with other musicians on stage, he is performing a solo piece at the open mic on Thursday.

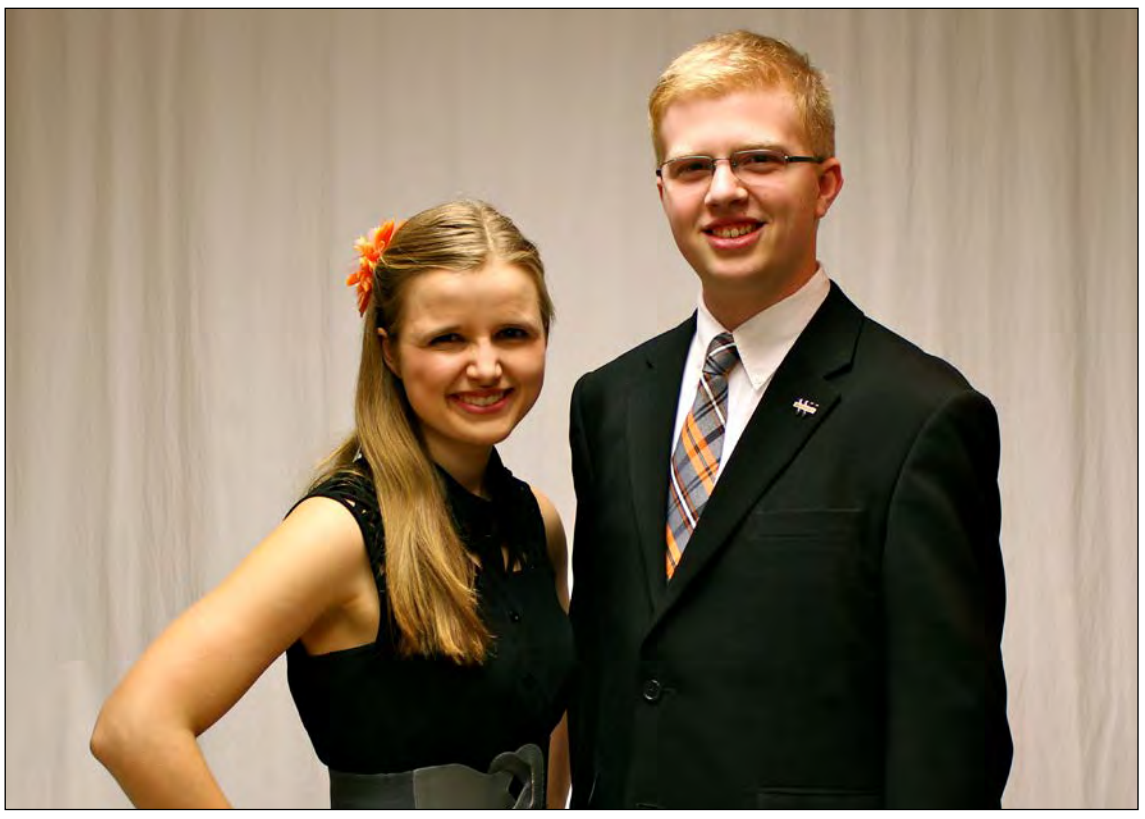
"This time around I'm going all acoustic," Piecuch said. "I'll be playing an instrumental song by John Butler, just a really chill song to sit back and listen to, because I figure that's what most people are there for anyway."

▸ **The Outlet hopes to gain support p. 2**



Students' dreams recognized

Students who attended the BIG Dream Gathering received encouragement to dream big, opening up opportunities in all areas, Mitch Matthews, a motivational speaker and co-founder of the BIG Dream Gathering, said. The BIG Dream Gathering visited Wartburg College Feb. 11 in the Saemann Students Center. Students wrote their dreams and posted them for viewing. — **Ta'Mone Williams***/TRUMPET*



Jacob Martin and Teri Mueller were elected Student Body President and Vice-President Tuesday, Feb. 11. Martin and Mueller received approximately 51.15 percent of the vote. — **Submitted photo**

A close race

Martin and Mueller elected Student Body President and Vice-President

JEANNE EDSON *NEWS EDITOR*
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Martin and Mueller used campaign buttons during the election as one outlet for advertising. — **Ta'Mone Williams***/TRUMPET*

Following a close race Tuesday, Feb. 11, Jacob Martin and Teri Mueller won positions of student body president and vice-president by 19 votes.

Martin said he and Mueller were overjoyed to win and credits their team for the campaign's success.

"Getting the news that we had won the election gave me several feelings at once," Martin said. "I felt pride for the race we won, joy for the outcome and gratitude to Teri for her hard work and everyone who supported us throughout the election."

Mueller said their win was especially satisfying given the closeness of the race.

"Personally, I couldn't stop smiling. It was a very humbling and satisfying moment," Mueller said.

"We were naturally nervous throughout campaigning due to our respect for the other ticket.

"The closeness of the results was not surprising as our opponents ran a solid campaign and were high caliber candidates for the positions."

Martin and Mueller received approximately 51.15 percent of the vote.

Nicole Harrison and Avery Mason had 48.85 percent.

Martin said he was not surprised by the close race because the level of competition was high.

"We knew going into the elections it would be a very even race, and that remained true throughout," Martin said.

Harrison and Mason wished the winning pair the best and thanked the Wartburg community for the support.

"We want to congratulate Jacob and Teri on winning the election as they will make great leaders next year," Mason said.

Some students experienced difficulties receiving the email to the Survey Monkey voting ballot.

Current Student Body President Zach Sommers said because students could opt out of taking any surveys from Survey Monkey, the company was unable to send those students the link to this year's election ballot.

"It was about eight students who experienced this," Sommers said.

"We haven't done anything to resolve that issue because we haven't had any students approaching Senate saying they didn't get the email."

Sommers said if the eight students had been able to vote, the results would not have been affected.

Sommers also said the issue with using Survey Monkey for voting may be discussed next year.

Martin similarly addressed any rumors of a foul campaign.

"Any issues that have been brought to light have been directed to their proper channels and have been officially deemed free of any problems," he said.

Martin and Mueller are looking forward to the future, but also concentrating on their current duties and have just begun policy discussions.

"We have yet to set our first agenda item for the coming year," Martin said.

"The first step in determining what issue we will begin with is getting more student feedback. Once we have accomplished this task, the rest will fall into place."

Mueller said her and Martin's hands-on approach will set them apart from their predecessors and better connect Student Senate to the student body it serves.

"We plan to focus more on direct student outreach in that we want to meet with other student groups and make sure student voices are the driving forces behind all that we do," Mueller said.

"We intend to be very visible around campus and to regularly seek out the opinions of others."

Other elected members for next year's Student Senate team include Jacklyn Budding, who was voted the 2014-2015 Treasurer.

A run-off election between Tyler Vogel and Alec Steils will take place for the position of Recorder. The election will be held Tuesday.

Carter O'Brien has taken part in the JDRF Walk for Diabetes since the 8th grade when he learned he had Type 1 diabetes.— **Submitted photo**

Walking for a cure

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Two Wartburg students personally affected by diabetes took part this past Saturday in the seventh annual eastern Iowa JDRF Walk to cure diabetes in Waterloo.

JDRF is an organization that is dedicated to funding Type 1 diabetes research. The walk provides an opportunity to raise funds and support.

"I think awareness of the impacts diabetes can have on a family is huge," said student Connor O'Brien.

"So many parents of younger kids with the disease have their lives changed arguably just as much as the diagnosed. It can be hard for everyone involved."

O'Brien understands the impact firsthand; he has lived with Type 1 diabetes since he was in eighth grade and has helped out with the JDRF Walk for Diabetes ever since.

According to JDRF's website, Type 1 diabetes occurs when the pancreas is unable to produce insulin.

When insulin isn't produced, glucose remains in the blood. It can lead to problems with a person's internal organs.

This type of diabetes can affect anyone and is unrelated to lifestyle choices and diet. Those diagnosed with Type 1 diabetes live with it the rest of their lives.

"I have attended some sort of JDRF walk every year since I was diagnosed and probably will continue to do so," O'Brien said.

"My mom and I used to really get into the sneaker sales and fundraising part as well, but now I am more focused on just trying to raise awareness."

For Wartburg student Ashley Davis, this walk is equally important.

"I've had Type 1 diabetes since I was 11, so promoting a cure is very important to me. This is my first year doing the walk and the first opportunity I've gotten to do it," Davis said.

"I knew there was a walk in Des Moines but I didn't know that there was one in Waterloo until this year. I'm glad there is one so close by."

One thing very important to these two students is the support they have from those in their lives. This year, Davis has headed up her own team of walkers and she said the support was unbelievable.

"It is a feeling I can't describe. There are people who don't fully understand it (the disease) that support me," Davis said. "Faculty and staff, family and friends have been huge supporters. It's such an awesome feeling."

For O'Brien, what started out as support for has became a new tradition for the Wartburg football team.

In the past few years, other football players have joined him in participating in the walk.

"The support from the football guys is great. Even though I no longer play, they continue to show a lot of support for me and JDRF," O'Brien said.

"I remember last year a couple of the football guys let some kids spray-paint their hair pink, which was hilarious."

While the disease can be frustrating, it doesn't stop O'Brien and Davis from having a positive outlook on the future.

"Seeing everyone at the walks really brings me a lot of hope for the future," O'Brien said.

"A hope that someday soon a cure can be found."

Safe, smart and sexy

Counseling Services promotes sexual responsibility for college students

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Wartburg College is taking steps to promote sexual health awareness by hosting Sexual Responsibility Week last week.

Half of all new sexually transmitted diseases occur among young people aged 15 to 24 years, according to the Centers for Disease Control and Prevention.

Sexual Responsibility Week last week was sponsored by Wartburg's Counseling Services.

Counselor Stephanie Newsom said sexual responsibility has many components that are up to the individual, but still has an underlying message.

"It is just being aware that there are such things as STDs, or what is a healthy relationship," Newsom said. "Knowing those things are out there; date rape drugs, contraception and abstinence. Knowing those things, making yourself aware of things that do happen in the world."

For Megan McMillin, a physician's assistant at the Noah Health Clinic, Chlamydia is the largest sexual health concern for Wartburg students.

"The biggest concern is probably STDs and people not being safe with their sexual practices because we see Chlamydia probably a couple times a month here on campus, so it's quite prevalent," McMillin said.

"That is the most common one, and I think that is the most common one amongst college-age students across the board."

Since the early 2000s, Counseling Services has offered Sexual Responsibility Week or similar events in an effort to spread awareness about sexual health, how to cultivate a healthy relationship and learning what your sexual limit is.

Newsom said Sexual Responsibility Week helps bring awareness to an issue college students don't often discuss.

"It is a conversation students need to have, especially about some of the STDs that maybe people haven't thought of for a while but I hate to say making a comeback, but we're seeing some of those out in society again," Newsom said.

McMillin sees the results of unplanned sexual encounters and lack of sexual responsibility in the clinic.

"As far as STDs, Chlamydia for sure is number one. I don't see a lot of herpes or genital warts," McMillin said.

"We have had girls on campus who have been pregnant, which would be a part of sexual health."

McMillin and Newsom said the Noah Clinic and Counseling Services are prepared to assist students with any health or emotional concerns.

"If they're concerned that they may have been exposed to an STD, they can come in and we can talk about it and do the testing if needed," McMillin said.

"I think there is probably a component of other activities that might lead to that. Such as being at the bar and drinking and peer pressure.

"If you're not careful, your chances of getting an STD can be higher than what you would have realized."

The Noah Health Clinic offers advice and treatment for STDs and other sexual health needs. Megan McMillin says Chlamydia is the most commonly treated STD at the clinic. — **Jeanne Edson**/*TRUMPET*

The Outlet hopes to gain support

◂ continued from p. 1

Hejlik said that community members are also welcome to perform at the event. In fact, the Outlet is primarily promoting to the Waverly community for this event.

"If there are members of the community that are musicians, it will be cool to see that kind of talent come in too," Hejlik said.

Because the event is held at a hookah bar, the Outlet is promoting primarily by word of mouth on campus, rather than putting up posters and other promotional materials. Hejlik said this is because the organization has had trouble with Wartburg before when promoting events held at bars.

"If it is successful and other businesses see that, it would be nice to have them reach out to us, or them be more willing to create a relationship with us, because of the results of this open mic night," Hejlik said.

Patrons of the hookah bar do not need to smoke hookah; food and drinks are also sold there.

Piecuch said he is looking forward to performing the relaxed environment of the hookah lounge.

"Every opportunity has new experiences and the reason I like making music so much is because of the shared experience with an audience, not just myself in my dorm room."

The Outlet's first off-campus Open Mic Night will be held at Morel's Hookah Lounge, owned by Monte Snyder and located next to Wolf Creek Tattoos on Bremer Ave. — **Jessica Hoyng**/*TRUMPET*

Athletes for auction

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Athletes are wanted for Wartburg College Dance Marathon's (WCDM) first Athlete Date Auction, a new fundraiser that will take place March 3, Samantha Speicher, head of the fundraising committee for WCDM, said.

One of the goals this year for WCDM is to increase involvement around campus. Speicher said a date auction for athletes would be a great opportunity to encourage participation from a group of students not heavily involved in Dance Marathon. According to Allie Seavert, executive director of WCDM, of the 233 dancers signed up for Dance Marathon so far, only an estimated 15 students are athletes.

"The more money we raise the better, but ultimately money isn't really the goal. We just really want to get a new crowd of people to see Dance Marathon and maybe get involved next year," Speicher said.

The event will be held at 8 p.m. in McCaskey Lyceum, and all of campus is invited to enjoy the event, bid on their friends and raise money for the kids. Speicher said other date auctions held on campus in the past, such as Ritterchor and service trip date auctions, are always a huge hit and raise a lot of money, plus they are a lot of fun.

"It's a great chance to support your friend, or just goof around and make fun of them. Even if people don't go to buy someone, they have a lot of fun watching their friends get sold," Speicher said.

Speicher said their ideal number for the auction would include 20 athletes, at least one from every sport on campus. Currently 11 athletes, representing the basketball, cheerleading, track, football, baseball and soccer teams, have decided to be auctioned off.

The event will be less "pageant-like" than typical date auctions, Speicher said. Athletes will have the option to show off the best or worst dance move instead of a special talent. Sara Morrissey, basketball player and member of the WCDM executive team, said she is excited but nervous about being in the auction.

"I'd rather walk on stage, say 'hey' and leave. But it's for a great cause, so we should really have fun with it, not take it too seriously," Morrissey said.

Seavert said this fundraiser is unique compared to the other off-campus fundraisers, such as working at HuHot Mongolian Grill, Coldstone Creamery and Pizza Ranch.

"As opposed to 'working' a fundraiser, the athletes who participate actually get to be the ones who essentially put on the fundraiser and attract their friends or other athletes, hopefully along with a majority of campus," Seavert said.

Allix Williamson, a cheerleader and wrestling manager, said along with support from other cheerleaders who are participating in the date auction, she is counting on bids from the wrestling team.

"The wrestling coach was joking that he's going to make the guys come bid on me, that I'm worth more than a hundred bucks, so I better bring in some money. I thought that was pretty funny," Williamson said.

The money raised will go to the University of Iowa Children's Hospital, Speicher said. WCDM is aiming to raise $35,000 this year, which surpasses the $32,004.13 raised last year.

"We're raising money for the kids, and they are just awesome people. They have truly been blessed with what the University of Iowa has been able to do for them. To have even a little part of that is just an awesome feeling," Morressy said.

Cheerleaders Allix Williamson (bottom) and Amy Dunleavy practice stunting in preparation for the Athlete Date Auction taking place March 3. — **Amara Thein**/*TRUMPET*

— **Charles Kunene**/*TRUMPET*

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"Wait, you really don't believe in zombies?" asks Steve Adelmund (otherwise known as Steve the Zombie) on his Facebook page.

The existence of zombies is a question that has been eating at people in recent years due to all the attention that shows such as "The Walking Dead" have received.

Even here at Wartburg, zombies have been a popular topic lately, with events like humans vs. zombies and the campus zombie run.

"I think the rise in popular TV series, movies, games and books about them has helped pique people's interest," said Emily McClimon, Teen Librarian for the Waverly Public Library. "By the end of the summer we decided to contact Steve since other librarians highly recommended him."

One of the reasons Adelmund is the best to learn about zombies from is that he has spent much of his life dedicated to researching zombies and zombie survival.

Those who follow or have attended his programs will have a better understanding of the undead, as zombies are perceived to be.

In order to help people, Adelmund created a program that he takes with him on visits so he can inform and educate people on zombies and how to survive them when the "inevitable z-day" comes.

"The program Steve performed is called 'Better safe than Zombie.' It was an educational and interactive program covering: Are zombies real?, end of days survival, how (not to) combat the living impaired, and more," McClimon said.

While his program is primarily about zombies, their history and how to survive them, Adelmund's Facebook page provides basic emergency survival tips and tricks, how to make most use of all your senses and social networking.

"My program is interactive, educational, and encourages reading and research over mindless violence," Adelmund wrote on his Facebook information page. "The program is designed to prepare attendees for any type of emergency situation, not just the zombie apocalypse."

"And Steve was awesome! He is an expert on all things zombie. It was a really fun program," McClimon said.

For more information on Steve and his program, check out his Facebook page: https://www.facebook.com/SteveTheZombie/info or http://www.tinyurl.com/stevethezombie.

Student Senate Minutes

Dean Biermann came to speak to Senate about possible new programs. The Board of Regents was also in attendance.

Eddie Diemer was awarded $200 in supplemental funding for the National Conference of Undergraduate Research.

Yuk Teng Chan was also awarded $200 to attend a conference.

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Yes, Please Quartet sets the Valentine's Day mood

Dr. Walter "Chip" and Ramona Bouzard are serenaded by the Yes, Please Quartet on Valentine's Day. The student-run quartet performed for other students and professors.— **Ta'Mone Williams**/*TRUMPET*

— **Ta'Mone Williams**/*TRUMPET*

Culture Week shows diversity

International students given opportunity to share their differences with the community

Neal Bazirake welcomes the audience to the 2013 Culture Show. The show is part of Culture Week, where Wartburg celebrates the diversity of students on campus. — **File photo**

HELEN LEONG
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Culture Week is a special time at Wartburg. It is the time when our international students on campus let their differences shine.

Currently, 10 percent of the student body at Wartburg are international students, who come from 60 different countries.

Each year, these students represent their nations proudly in a series of events from the Culture Fair, to lectures and discussion groups to the big event: the Culture Show.

At the Culture Show, students perform talents we rarely get to see anywhere else.

Not only is Culture Week a chance for international students to showcase their interests and unique talents, but it is a chance for the Wartburg and Waverly community to revel in our differences.

The world is brought to our campus through these students. When world events occur, they are felt in personal ways by our international students.

When Culture Week comes, it is everyone's chance to recognize, appreciate and experience world cultures on an intimate stage.

At the Culture Fair, we get to see peers, classmates and friends dressed in clothes we haven't seen before, speaking languages we haven't heard before and sharing their cultural and national pride with us in an up-close and personal way.

"The world is brought to our campus through these students. When world events occur, they are felt in personal ways by our international students."

Not to mention we get to try different cuisines.

This year we have a Coffee and Teas from Around the World event, where we can experience how these seemingly familiar beverages can be transformed into cultural icons from around the world.

I hope everyone on campus will take advantage of this great opportunity and participate.

Tryouts for the Culture Show are Feb. 23. Sign up for an appointment at the I-Club office.

Culture Week is scheduled for March 23-29.

Events are posted on the International Programs office website and posters will go up soon.

Take a chance to experience the Wartburg community in a way you haven't seen before, and prepare to be amazed.

International students celebrate their culture through song and dance at the 2013 Culture Show. — **File photo**

Choice Tweets

- To the girls in heels on the second floor of Clinton: learn to walk properly or wear flats.
- The day's high is 11 degrees with a low of 6 degrees. Current conditions are 22 degrees below zero and fair. Making no sense. Whatsoever. #Cold
- Another chilly Monday. Are we in Sochi?
- Made eye contact with a squirrel and it followed me halfway back to Clinton. I was uncomfortable.
- If you don't want to feel bad about not having a Valentine then I'd suggest you don't walk by the info desk. #flowersonflowers
- "May Term—I want to go there." Attention: May Term is now a place.
- "In my country, it's okay to hit women." Say what??!! #NotRight
- You know you're up early if you get up before the Juice gets sent to you. #tooearly
- Fifteen minutes before I should be ready for class and I'm still laying in bed in my towel...nope, just don't want to do anything today!!
- Pretty sure if all the science majors got together we could make a proof that it should still be the weekend.

Choice Tweets is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! Tweet #choicewords at @wartburgtrumpet to see your thoughts here! You can also submit Choice Words on The Circuit at wartburgcircuit.org/choicewords. The Trumpet reserves the right to censor inappropriate and libelous comments.

Trumpet

Produced weekly by students at Wartburg College, 100 Wartburg Blvd. Waverly, Iowa 50677

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to wartburgtrumpet@gmail.com. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

College sweethearts confess the meaning of love

AMARA THEIN *STAFF WRITER*
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As the lightning lit up the sky and rain fell around them, Anthony Lynn and Nicole Hanson sat underneath the protection of the storm shelter by the Cedar River with their Den meal transfers.

It was as close as they could get to their favorite date spot underneath the willow tree.

The weather may not have been ideal at the time, but it was still the perfect night for what Lynn had in mind.

Hanson had an inkling an engagement was in her future, but she said she was still shocked when she saw Lynn down on one knee holding a small box.

For Hanson, a 20-year-old college junior, the idea of getting engaged was a terrifying thought.

She wasn't ready for marriage. But she realized Lynn wasn't asking her to get married immediately.

"He was asking me to think about my future idea of 'when.' Someday when I am married, do I see him in that picture?" Hanson said.

"My answer was yes, and so that is why I am marrying him."

Though the average age for marriage is 29 for men and 27 for woman, according to the 2011 census data, it hasn't stopped engagements from happening at Wartburg.

According to a Facebook Data Sciences study released in October 2013, over a quarter of married graduates attended the same college as their spouse.

Rev. Ramona Bouzard said there are currently 14 weddings planned through chapel services for Wartburg students and alumni in the next year.

Bouzard said the age of married couples matters little when compared to communication, maturity and knowledge of oneself.

"There is no magic number, no formula. The key is to love the person you're married to, not the person you want to make them," Bouzard said.

"Any kind of growth is just grace."

Shayla Hopp and Chris McIntyre, fourth-years who will be married this summer, also believe communication is the most important factor in the decision to get married.

They said they are willing to talk to each other about anything.

"There are no skeletons in the closet or hidden secrets in our relationship which helps us to keep the lines of communication very open," Hopp said.

"The key is to love the person you're married to, not the person you want to make them. Any kind of growth is just grace."

— Rev. Ramona Bouzard

Hannah Shivers and Jon Hoefer, both third-years, will be married July 2014 and have decided to spend their first year of marriage finishing their senior years at separate colleges.

Hoefer is a student at Iowa State University.

Shivers said she understands the difficulties of living apart, but communication, compromise and commitment are the keys to maintaining their long-distance relationship she said.

Nicole Hanson and Anthony Lynn try to spend as much time together as their busy schedules allow, which typically means having coffee in the Konditorei or meals on campus together. —**Amara Thein**/*TRUMPET*

During busy semesters, Shivers and Hoefer spend as many weekends together as their schedules allow, and the couple also frequently Skypes, calls each other and sends text messages to each other on a daily basis.

Hopp and McIntyre said before they even considered marriage, they discussed what each other wanted after college and how that fit into the other's plans.

"I think people really have to get to know themselves before they can start bringing another person into their life permanently," Hopp said.

McIntyre added that in a relationship, you cannot expect someone to change over time to a viewpoint that matches yours, especially over a significant issue, like kids.

"I've seen so many relationships fall apart after many years of being together because one really disagreed with the others' viewpoint over a very important topic," McIntyre said.

"That is one thing you must have solid before you get married."

For Hanson and Lynn, maturity is needed to know if you are ready to handle marriage, not a particular age.

To them, maturity means accepting your significant other, including their flaws.

They said it's important to not take each other too seriously and to be able to laugh at each other.

Arguments are inevitable, but they said when couples can mutually poke fun at each other, criticisms and disagreements aren't as harsh.

"If you're expecting 'Mr. and Mrs. Right,' I'd say that it's not going to be a healthy relationship," Hanson said.

"You're going to marry someone who is just as imperfect as you are."

Nadipuram family creates experiential learning scholarship

Abhay Nadipuram (top right), his brother, Dr. Santhosh Nadipuram, and parents, Dr. Mukund and Dr. Nagarathnamma Nadipuram have created a scholarship for students interning in D.C. —**Submitted photo**

KRISTIN CANNING *EDITOR-IN-CHIEF*
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Alumnus Abhay Nadipuram and his family have developed a scholarship to help cover living expenses for students wishing to intern in Washington, D.C.

The $2,500 Nadipuram Washington D.C. Experiential Learning Scholarship is available through Wartburg's political science department.

Any second or third- year student wanting to intern or have field experience with a government entity or nonprofit can apply.

Nadipuram, who graduated in 2010, is an associate attorney for Lederer Weston Craig in Cedar Rapids, Iowa.

He interned in Washington for Sen. Charles Grassley while attending Wartburg and interned at a Washington law firm during a summer when he was attending the University of Iowa College of Law.

"It's always something I wanted to do," Nadipuram said.

"I was trying to find a way to still contribute to students and the Wartburg community. I was lucky to have the support of my parents when I did my internships, but I know how expensive it can be. Often these experiences are cost-prohibited."

Students can apply during this term at a time to be announced by the political science department.

The first scholarship will be given to a student for a May Term or a summer 2015 internship.

Nadipuram hopes the scholarship adds another incentive for prospective students.

"An internship in Washington gives students time to get outside the Wartburg bubble, meet new people who can contribute to their careers," Nadipuram said.

"I hope it can help change students' lives like it did for me."

Professor Dani Thomas, Nadipuram's former adviser, said Nadipuram wanted to make Wartburg's political science program more visible and offer opportunities to students who otherwise wouldn't have them.

"We're pleased as punch at his willingness to do this," Thomas said.

"It's interesting that such a young graduate is willing to donate. It shows it's possible for our graduates to do really good things."

Thomas said internships "are the new job interviews" and are extremely important for students wanting to go into government or non-profits.

"The kids that go to D.C. and do internships have an attitude change. It helps them connect the dots," Thomas said.

"They realize they're no less prepared for jobs like this, maybe better prepared than other students."

Nadipuram said he and his family will be part of the selection committee that chooses students to be awarded the scholarship.

He encouraged students to request assistance and advice from professors as they look for jobs, much like he did.

He said students should ask professors to connect them with Wartburg graduates in their preferred industry.

"Our alumni have had some interesting experiences, even the young ones. Ask them for help and advice, that's how we got to where we are now. It's a unique network for college students," Nadipuram said.

"I hope when students are in a position to contribute, they do what they can, whether that's in a monetary way or not."

Cancer survivor honored at meet

Beth Green comes back stronger than ever after beating breast cancer

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Every Tuesday and Thursday at 9 a.m. sharp, Beth Green is in "The W" shouting words of encouragement like a coach and motivating the members of the workout class she teaches.

With her head held high, she yells, "keep pushing, don't slow down," then grabs a dumbbell and participates in the workout class along with her members while Michael Jackson's "Beat It" plays for inspiration.

Looking back now, Green said many things have changed for her in the past eight months.

Green was diagnosed with stage one breast cancer last June followed by the removal of three lymph nodes during a lymphadenectomy surgery in early August and radiation treatments throughout the fall semester.

Now considered a breast cancer survivor with less than an 8 percent recurrence rate, Green said it was something she never really thought she would experience first-hand.

"People see me around campus and think 'how could this person get sick? She eats healthy, she exercises, she takes care of herself, she doesn't look her age,'" Green said.

"It's important to see that yes, I take care of myself, and that's what has allowed me to come back stronger than most."

Throughout her radiation treatments, Green continued staying heavily involved at Wartburg, lecturing and subbing for classes, teaching a workout class and helping out in the athletic training room during the mornings, she said.

Head athletic trainer Amanda Madsen said with a background in orthopedic massage and a love of athletics, Green continued volunteering her time massaging hurt or sore muscles, being an extra set of hands for stretching and building even stronger relationships with the athletes.

"She was always very positive even through her treatments and constantly wanted to learn and integrate new ways to help our athletes," Madsen said.

"You couldn't tell her good days from her bad days."

Although she made it appear easy, Green said there were many struggles along the way.

Experiencing exhaustion much stronger than sleepiness, Green said there were days she was so tired that she had a hard time seeing and had to go home to sleep for a couple hours in the middle of the day.

At the fourth annual cancer awareness track and field meet Coach Marcus Newsom presented a check for $1,200 to cancer survivor Beth Green who is a trainer at "The W." — **Photos by Marketing & Communication**

Green is still experiencing difficulties using the arm near her surgery and suffered a migraine lasting 55 days straight during her radiation treatments.

Tim Rice, Green's boyfriend, said she didn't let a lot of things get to her but there were days that were harder than others.

"Beth is the toughest woman I know but there were times when I could feel and see the pain she was going through," Rice said.

"By continuing to stay involved in her normal life and doing what she loves to do, it helped her stay strong and it would have been even more difficult for her if she didn't have that."

On Friday, Feb. 7, Green was honored at the fourth annual cancer awareness track and field meet held by the Wartburg team.

During the meet she spoke about her experiences and was presented with a $1,200 check that was raised through donations during the meet.

"We put on the cancer awareness meet every year to help remind our student athletes of their blessings and of the struggles many have gone through," Marcus Newsom, head track and field coach, said.

"Beth has a passion for what she does and embodies what we want fitness to be a part of. She is the ultimate athlete and we wanted to honor her fight."

Green said throughout her experience, the biggest thing she learned was how her relationship with Rice made her stronger and gave her a larger belief in herself and what she can personally overcome.

"You know how you sometimes think to yourself 'if I was put to the test, would I be mentally tough enough?'" Green said.

"I think I made it. I think I passed."

Board of Regents: the best kept secret on campus

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When the college sent out a recent email about tuition, there was a group mentioned that Kayla Polson had not heard much about.

"I just know that they are the head haunchos in charge of things that go on at the college, but I'm not sure what they specifically do," Polson said.

This group is the Board of Regents.

Many students have not heard of them except for the yearly tuition email.

President Darrel Colson said the board is responsible for overall policy of the school.

A lot of the policies are not a part of the day-to-day management such as where students are allowed to park, Colson said.

Ray McCaskey, chairman of the board, said these policies can range from budget to curriculum to fundraising.

McCaskey said the board's focus is mission driven.

"From the board perspective, we are always trying to take the long view and position," McCaskey.

"Not so much to get the board involved in the day-to-day agenda as to make sure we are making the right decisions on the right path to fulfill the mission over the long term," McCaskey said.

McCaskey was first appointed to the board in the mid-1990s and is halfway through his third year as chairman.

Board members are elected by fellow board members, Colson said.

McCaskey was invited to the board by former President Robert Vogel.

Colson said many board members have either created scholarship funds or made donations to Wartburg College.

McCaskey and his wife created a scholarship for elementary education majors as well as for students from inner-city Chicago to attend Wartburg.

During the academic year, the Board of Regents will have three large group meetings in October, February and May, Colson said.

There may also be additional meetings throughout the year for the different committees done by-conference call.

Even if they are on campus for meetings and policy making, McCaskey said they still have fun as a group.

At the meeting in February, board members were attended The Opera Workshop and on Feb. 15 they went to the president's home for an Olympic viewing party.

While on campus recently, board members who arrived early attended classes and the Student Senate meeting.

"We try to create opportunities for students to spend time with Regents as individuals so they can get to know them," Colson said.

Polson said she thinks the board should put more effort into getting to know students.

"I feel it should change because they are in charge of things that affect our daily lives at college, so they should maybe know whose lives they're changing," Polson said.

McCaskey said the board needs to work on becoming more well known.

The student body president and vice president will attend.

However, McCaskey said things could change so students know more about the board.

"The board would be interested in more ways for them to have personal interaction and contact with faculty and students and gain better understandings of the culture of the place," McCaskey said.

Even if the board's work is unknown to students, the people should not be, Colson said.

"The work they do is at a long distance from students' day-to-day lives but they aren't mysterious people," Colson said

"They are just people who love the college and who have been willing to volunteer their time to serve the college."

Diemer uses his past to move forward

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Eddie Diemer was always the first one off the bench during timeouts at Levick Arena Wednesday night, constantly shouting words of encouragement to his Wartburg men's basketball teammates as they struggled with Simpson.

A groin injury suffered in practice a few days earlier sidelined Diemer, the team's leading scorer and rebounder, but he sat right next to the coaching staff and remained engaged throughout the game.

Head coach Dick Peth knew before the game that's what he could expect from this senior leader.

"I think you get the truest feeling of (someone's) worth when things are not going their way," Peth said. "He'll be the first guy to step up and be vocal if he can't be out there."

Diemer's childhood wasn't easy either, though on a much larger scale than the injury that kept him out of Wednesday's game.

His family constantly dealt with poverty, illness and tragic events.

When Diemer was in second grade, he was involved in a car accident that killed his grandfather and paralyzed his grandmother.

Diemer coped well with it all. He graduated from Northern University High School in Cedar Falls after leading the Panthers to a third-place finish at state basketball and earning himself first team all-state honors.

Fast forward to his junior year at Wartburg College, a school he says he attended for its academics. Basketball was a bonus. The psychology major decided to see if there was a relationship between childhood stress, personal wellness and current stress as his project for Dr. Shaheen Munir's advanced research methods.

"I was curious about the different factors that might have contributed to that," Diemer said.

His results were telling. Diemer said the research showed that personal wellness is significantly related to current stress levels, either positive or negative. Meanwhile he found higher levels of friendship during a stressful childhood leads to lower levels of current stress.

"I think (his childhood) was guiding him in that process," Munir said.

Munir's students present their research each April at Wartburg's Research, Internship and Creative Endeavor (RICE) Day. She also encourages them to apply to conferences across the country.

Diemer received word in January that he'd been accepted to present at the National Council on Undergraduate Research Conference April 3-5 in Lexington, Ky.

He's also one of three Wartburg students that will present at the Midwestern Psychological Association's annual meeting in Chicago May 1-3.

Munir said over 4,000 students applied to the NCUR Conference.

"I was pretty excited to find out I was one of the people accepted to present there," Diemer said.

The uniqueness of comparing childhood to adulthood is what helped set Diemer's research apart, Munir said.

"Most research tends to look at current relationships," Munir said. "But having the person recollect (was different). It was a very long questionnaire that dealt with all levels of childhood stress."

Diemer is a member of the Student Athlete Advisory Committee and his leadership on the court is evident to Wartburg fans, but Munir said it's also evident to his peers and professors in the classroom.

"He's very calm, very collected and very professional. He's focused," Munir said. "He takes leadership very calmly without any problems."

Diemer will attend graduate school at Washington University in St. Louis and study occupational therapy.

He is happy to have had the opportunity to succeed both on the court and in the classroom while at Wartburg.

"Wartburg is just a great community and a great environment for you to be able to excel," Diemer said. "I think that professors and coaches are both really encouraging in both aspects of that."

Peth witnessed Diemer's work ethic that's helped him not only overcome childhood stress, but excel in many aspects at Wartburg.

"He's shown that his effort, his intensity, along with his leadership skills are all right there up on top," Peth said. "I've heard of him being on other committees, people commenting on his involvement, his genuine interest in everything that's going on."

Eddie Diemer looks to pass in his last home game, last Saturday against Luther. — **Alyssa Noble**/*TRUMPET*

Norse run results in Knights' fourth straight home loss

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The Wartburg men's basketball team (11-12, 5-7) battled back-and-forth with rival Luther (15-8, 7-5), but a 17- 6 run with eight minutes remaining ultimately helped the Norse capture a 79-66 victory at Levick Arena Saturday.

Luther utilized their top two leading scorers down the stretch, John Androus and Jake Martin, who combined for 44 points to spoil Wartburg's senior night and give the Knights their fourth straight loss at home.

"Give them credit for their execution," Wartburg head coach Dick Peth said.

The teams traded leads throughout the first half of action with Wartburg controlling at halftime, up 30-28.

Back-and-forth play continued into the second half until Wartburg senior Taylor Jacobsmeier drilled a 3-pointer to knot the score at 51-51 with 8:26 left to play.

Luther responded with a 3-ball off the hands of Androus and a pair of free throws by Martin. The Norse pushed the lead to 62-55 after Brian Nnaoji and Michael Crocker made two jumpers.

"They executed well in the second half," Peth said. "It's a matter of us playing with toughness on the defensive end every single possession."

Jordan Cannon then made two free throws along with four made by Eddie Diemer to edge the Knights closer into the Luther advantage.

A Dan Van Groningen turnover with 3:23 left allowed Luther's Cale Austin to sink a three in transition, and the Knights wouldn't recover.

Wartburg was forced to put Luther on the free throw line for the remainder of the game and the Norse hit 11-of-12 from the charity stripe from then on.

Seniors Thomas Perkins and Taylor Jacobsmeier each hit 3-point buckets in the final minutes for the Knights, but it wasn't enough as Luther earned the 79-66 victory.

Diemer and Perkins led Wartburg in scoring with 18 and 10 points, respectively.

"I think we need to get the ball into Eddie's hands more," Peth said.

Clay Cook led the team in rebounds with eight.

Diemer hit a team best 10-of-12 free throws and the Knights collectively shot 75 percent from the line.

Wartburg clinched a spot in the IIAC tournament and travels to Cedar Rapids Wednesday to face Coe (11-12, 3-9).

Peth said the Knights are focused on taking the rest of the season one game at a time.

Men set records at Cornell Invite

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Colt Feltes and Jonas Elusme combined to set three school records, breaking their own previous best marks as the 19th-ranked Wartburg men's track and field team finished second overall at Grinnell's Darren Young Invite Saturday.

Wartburg scored 147.5 points and finished 19.5 behind Augustana (Ill.) for first.

Nebraska Wesleyan, Bethel, Buena Vista, Simpson, Grinnell, Principia and Cornell all finished behind the Knights.

Feltes set two records, including a weight throw of 18.05 meters and a toss of 17.30 meters in the shot put. Wartburg finished 1-2 in both events as Dylan Boyd took second in the shot put and Eric Harbaugh was runner-up in the weight throw.

Elusme was named the meet's most outstanding field performer after winning the long jump and high jump. His mark of 2.14 meters in the high jump set a school record.

The distance medley relay team of Daniel Bonthius, Dominique Fagan, Nicholas Green and Chase Moser also won Saturday with a time of 10:18.49.

Other top individual finishers for Wartburg included Ryan Kloberdanz placing second in the 5K and Jacoby Firkins taking second in the 60 meter hurdles.

Hemann, Wartburg dominate at Grinnell

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Kayla Hemann won two events at Grinnell's Darren Young Classic and was named the most outstanding field performer of the meet as top-ranked Wartburg scored 181 points to take the team title.

The Knights finished 79.5 points ahead of second-place Augustana (Ill.) and also beat Nebraska Wesleyan, Bethel, Grinnell, Cornell, Simpson, Principia and Buena Vista.

Hemann won both the weight throw (16.88 m) and the shot put (14.51 m). She has won both events at all of her five meets this season.

Wartburg won six other events. Tatiana Silva won the long jump in 5.20 meters while Courtney Egts' 11.18 meter mark earned her the triple jump title.

Kayla Hemann was named the most outstanding field performer of the meet at Grinnell's Darren Young Classic Saturday. — **File Photo**

Sarah Boraas, who was named the meet's most outstanding track performer, won the 60 meter dash in a time of 7.86 seconds, beating out teammates Becca Cherry, Libbey Schubert and Erica Dynes, who took the next three spots.

Tashina McAllister took the 400 meter run in 58.52 seconds and Kaly Adkins' time of 2:18.86 won her the 800 meter run crown.

The 4×200 meter relay team of Kayla Kregel, Boraas, Chelsey Henkenius and Becca Cherry won in 1:44.83 while McAllister, Tessa Hemle, Adkins and Claire Crew finished the 4×400 meter relay in 3:59.67 to take the title.

Wartburg also took second in the 4×200 meter relay. Hemle, Taylor Moore, Schubert and Rachael Cheeseman finished 13 hundredths of a second behind, the first-place Wartburg team.

22 AND COUNTING

Wartburg wins 22nd consecutive IIAC title, first under Keller

Wartburg wrestling coach Eric Keller hoists the Iowa Conference championship trophy Friday at Levick Arena. — **Alyssa Noble***/TRUMPET*

ALYSSA NOBLE *ASST. SPORTS EDITOR*
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The Wartburg College wrestling team continued to show complete dominance as they won their 22nd consecutive Iowa Conference championship with a 25-9 win over No. 11 Coe at Levick Arena Friday.

The win sets a new Division III record for consecutive conference championship titles. The previous record was 17 by Augsburg.

"Feels good. This is important to us," first-year head coach Eric Keller said.

It's Keller's first title as solo head coach after being part of 12 as associate, assistant and co-head coach.

"They're all unique," Keller said. "The one thing that remains, that constant feel-good, is getting that title and getting that banner."

The night started off well for Wartburg (18-0) as No. 2 Gilberto Camacho put up four team points with a major decision of 13-1 over Jan Rosenberg.

Coe (13-5) managed to take the team lead with No. 7 Jimmy Gotto's pin at 133.

No. 2 Kenny Anderson returned to the mat after being absent since Jan. 15. Anderson went in for a takedown and was caught by Gotto. Anderson was unable to recover and it led to a quick pin, putting the Kohawks up 6-4.

No. 7 Connor Campo put the Knights back on top with a win at 141. Campo handled Beau Westpfahl and won by a 7-1 decision.

At 149, Mark Pinero defeated Coe's Josh Donkle by a 6-1 decision.

The 157 match had the crowd out of their seats for the majority of the bout as No. 7 Brett Yonkovic took on No. 2 Dimitri Boyer.

It was close going into the last period with Yonkovic leading over Boyer. The last seconds left Yonkovic doing everything necessary to keep Boyer from getting a take down. Yonkovic was successful and ended the match with a 7-5 upset.

"Real real proud of Yonkovic," Keller said. "He out-fought the guy, and that's what we talk about day in and day out in our program. That's who we are, out-fighting people.

The match at 165 was no less exciting as No. 3 Cole Welter won by a 1-0 decision over Farai Sewera.

The first two periods were scoreless. The third had Welter on the bottom and he earned the only point in the bout with an escape and the win.

No. 1 Landon Williams managed a 3-0 decision over No. 4 Ethan Ball in the 174-pound match. Williams is now eighth among Wartburg's all-time career wins leaders.

The only other Wartburg loss came at 184 with an upset as No. 8 Sam Upah fell to No. 10 Ryan Sheldon with a 5-2 decision.

No. 6 Puna Soriano had a close match and came out with a 3-1 decision over No. 10 Donnie Horner.

In the final match, No. 2 Ryan Fank put up a 4-1 decision over Cory Becker to make the final score 25-9.

The Knights are now 18-0 on the season. This is only the third time in Wartburg history that the wrestling team has been 18-0.

The team now prepares for the NCAA Central Regionals held in Dubuque on March 1, the qualifying tournament for the NCAA national championships two weeks later in Cedar Rapids.

"We're going to train hard this next week, and really key in on the things we need to fix, every guy, win or lose, has things to fix," Keller said. "It's back to work."

WEEKLY SCHEDULE
Wednesday
W Bball at Coe (6 p.m.)
M Bball at Coe (8 p.m.)
Saturday
Wartburg ITF Invite (10 a.m.)
Baseball at Rhodes (11 a.m.)
M Tennis vs. Carthage (1 p.m.)*
**= at Cedar Rapids*
W Bball at Central (2 p.m.)
Baseball vs. Wash. U. (2:30 p.m.)*
**= at Memphis, Tenn.*
M Bball at Central (4 p.m.)
M Tennis at Coe (5 p.m.)

TENNIS GOES 1-1 IN MINN.

The Wartburg men's tennis team lost to St. Mary's (Minn.) but defeated Bethany Lutheran in Mankato, Minn. Saturday to up its season record to 2-1.

The Knights took two of three doubles matches from St. Mary's but dropped four of six singles matches without injured No. 1 player Eric Hilpert and lost 5-4.

Luke Benna and Brandon Hornback teamed up to win at No. 2 doubles while Andrew Greene and Coy Wiegmann won at the No. 3 position and Koo Miyake and Dayton Stevens lost at No. 1.

Benna and Wiegmann won at Nos. 4 and 6 in singles. Stevens and Hornback lost at Nos. 2 and 3 while No. 5 Greene lost in three sets.

With the team score tied at four, Koo Miyake lost 10-7 in the third set to Tim Wolford as St. Mary's improved to 7-1.

Wartburg won all nine matches against Bethany Lutheran, including a pair of first career singles wins from junior Phillip Wessels and Fumiya Kitahara at Nos. 5 and 6.

Stevens, Hornback, Benna and Wiegmann also defeated their Bethany Lutheran singles opponents in straight sets.

The doubles teams of Benna and Hornback, Kitahara and Greene and Wiegmann and Stevens won by a combined 24-6.

Wartburg travels to Cedar Rapids Saturday for matches against Carthage and Coe.

Late defensive stands send Wartburg past Luther

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Facing a 44-43 halftime deficit at Levick Arena Saturday, Bob Amsberry told his Wartburg women's basketball team they'd beat Luther with defense. Leading up to the game, he stressed taking advantage of momentum-changing plays.

Turns out those two messages went hand in hand on Luther's final three possessions.

Mary Brown drew a charge, Holly Halstead tipped a pass away and the Knights did not allow a clean Luther shot on three attempts in the final seven seconds to win 71-69 in front of 850 people in Waverly.

The win gives the Knights (9-14, 3-9) sole possession of sixth place in the IIAC — what will be the final spot in the conference tournament — and bumped the Norse (11-12, 2-10) into a tie for seventh with two games to go.

"I thought we were really locked in and focused on getting stops," Amsberry said of the final three Luther possessions. "It's something we've been searching for and working on."

Johnson's charge on Brown came with the Norse up 69-67 with 1:22 to play. Twenty-three seconds later, Alyssa Sager matched her career high of 22 with two free throws to tie the score.

After Halstead's deflection and Emrich's steal, Amsberry called timeout to set up a play for Halstead.

Halstead drove left into the paint and flipped the ball up and in off the glass to give the Knights a 71-69 lead with 20 seconds to play.

"It was really cool," said Halstead, who finished with eight points after the first winning basket of her three-year career. "Everyone out there on offense ran the play and that's what made it all work."

Luther's Megan Koepnick airballed a contested 3-pointer with 10 seconds left, then she and Johnson missed close shots as time expired.

"I think our momentum was huge," Halstead said. "Having that feeling of wanting to win."

Wartburg led 61-50 midway through the half before a 15-0 Luther run gave them the lead with 4 1/2 minutes left.

The Knights fought back with two Sager free throws and an Emrich 3-point play to take the lead before Johnson's 1-of-2 trip to the line and 3-point play put the Norse up three with 1:56 to go.

Much like the first meeting between the two in January — an 87-80 Norse victory — Wartburg struggled to defend in the first half. The Norse shot 63 percent, including 7-of-12 from distance.

Luther was just 1-of-12 from deep in the second half.

"We struggled to match up in transition (in the first half). When we did match up in the first half in transition, they turned it over a lot," Amsberry said. "Defense has been an issue that we're addressing and I think we're getting better."

Holly Halstead defends Luther's Tayler Jenks in Wartburg's 71-69 victory at Levick Arena Saturday. — **Alyssa Noble***/TRUMPET*

Kailey Kladivo finished with 14 points and 10 rebounds for Wartburg while Nellie Nelson had 14 points for Luther.

It's the first home win for Wartburg since Jan. 15.

"This was huge," Halstead said. "This was a must-win for us."